



Catch-Up!

OCTOBER 2023
Month of The Holy Rosary

MARY, THE QUEEN OF THE FAMILY

Fr. Adrian Mascarenhas



On December 31, 1995, Pope St John Paul II left an indelible imprint of his family-oriented papacy on the much-loved Litany of Loreto: Under his auspices, a new title of Mother Mary was added to the Litany, namely, “Queen of Families”, inserted before the words “Queen of Peace”.

Just as the words “Queen of Peace” had been added to the Litany in 1916, at the height of the First World War, so also one might speculate that the Holy Father, perceiving a certain crisis in family life, found it meaningful to add this new invocation. By calling Mary our Queen, we are honouring her with our love and loyalty, our desire to please her and our assurance that she too loves us and helps us spiritually. By terming her the Queen of Families, we are acknowledging her as a role model of love, acceptance, co-responsibility and the other values of family life.

As we pray the Rosary with greater intensity and fervour in the month of October, we recall the values of family life that lie at the heart of this beautiful Marian devotion.

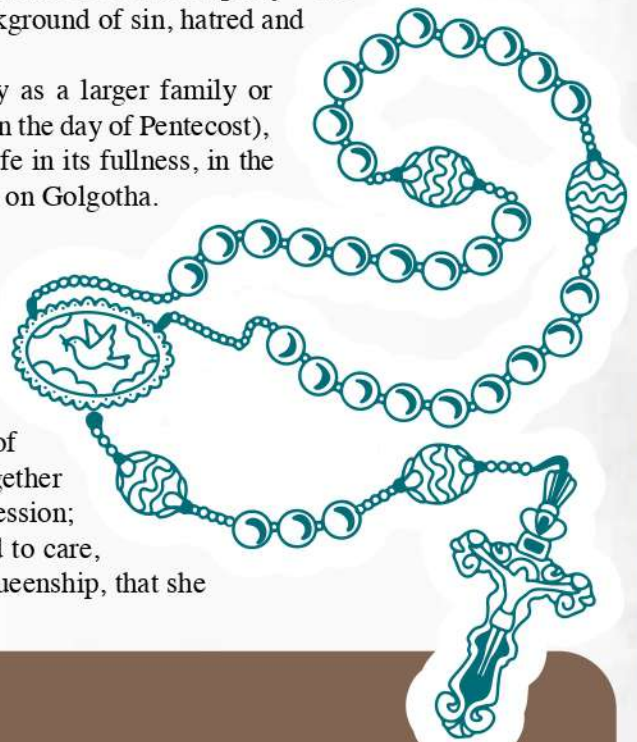
The Holy Family of Nazareth takes the centre stage in the Joyful Mysteries.

A new family of disciples is born in the Mysteries of Light.

As we plunge into the Sorrowful Mysteries, both divine and human love and empathy – the essential qualities of the family – unfold against the tragic background of sin, hatred and contempt for life.

Finally, in the Glorious Mysteries, we see our eternal destiny as a larger family or community. Mary, who was present at the birth of the Church (on the day of Pentecost), becomes the first of its members to experience the heavenly life in its fullness, in the company of her Son – restoring the family that was annihilated on Golgotha.

The Rosary stands out therefore as a remarkable “Compendium of family life”, mirroring all our own joyful, sorrowful and glorious moments. It contains within it not only motivation and inspiration to live as the family of Christ (and his mother) here on earth, but also a message of love and forgiveness, togetherness and stability – remedies for several of the ills that plague our families today. As we pray the Rosary together as a family, we are not just asking Mother Mary for her intercession; we are also pledging ourselves to love and to live, to share and to care, to give and to forgive, to place ourselves under her glorious Queenship, that she may lead us to her Son, the King of all.



PRAYER BEADS

Prayer Beads are one of the most simple prayer aids, helping induce a meditative state by connecting either chanting, or vocal and silent prayers with the physical action of counting the beads. Using physical body movements – flicking one bead after another – to count prayers removes the need for the person performing the prayers to hold and continue two parallel thought processes at once.

Prayer beads may have physical, metaphysical and psychological effects on their users.



President's note

My Dear Fellow Members,

September, the month gone by, has seen a lot of activity at our club. The month started with a Bang with 480+ Members and Guests who devoured the Onam Sadhya. The Sunday after the Onam Sadhya, was another mouth-watering food extravaganza, Think Goa, Live Goa, but this time put up by the Karnataka Goan Association with a fabulous fashion show to boot. Many of the fashion stoppers were members of our Club too. 400 Members enjoyed the Noon-2-Moon event with excellent music churned out by 2 bands from Goa. By the end of this month, Mood Mangalorean, would have showcased the culture and food from Mangalore along with a Live Band, Root 96, that will come all the way from Mangalore to entertain us. The September food will be eclipsed by the food of Deutschland at the Oktoberfest which will be held on 1 October along with a Band from Goa.

September was the month of Harvest Festivals and the Club had a Mini Monti Fest. Monti Fest is a major Catholic festival held on 8 September every year by the Catholic Community of Konkan region of India. This festival celebrates the Nativity of the Blessed Virgin Mary and in the Mangalorean Catholic community the day is also celebrated as the Harvest Festival which involves the blessing of Novem (new crops). The Faith Committee put up a very traditional Monti Fest with ancient Hymns sung by a Choir made up of Club Members and venerating the Virgin Mary with showers of petals & flowers. The evening ended with a traditional vegetarian dinner. There was a record crowd of 210 Members for the Monti Fest faith event.

Just as I had mentioned in the last Newsletter, the Ladies did Bring the Race Course to the CC Ballroom and they sure had fun, what with the MIC-Ladies, in a Jockey's costume and many of the ladies dressed up appropriately for the Derby.

At our Club, the Elders are the privileged lot and they got to experience the Oktoberfest spirit at an event aptly called "Prost", much before many of the others. The Elders Committee put up a German Dance for the Elders and they got to relish the German Food which

was also served to the Elders at their table. The Elders Committee with their German Aprons and Tiaras went out of their way to make the Elders event a memorable one.

The Youth Committee are coming up with new ways of engaging the youth of our Club and the Royal Soiree was one of the creative ways followed by a fun evening of Taboo, where the participant makes sure that the right words are chosen. A big clap goes out to the Youth Committee for coming up with Innovative ways of engaging the youth. I'm sure they will come out with something innovative for their next event, The Moonlight Masquerade to be held on 31 October.

Other than the above, our Club was a beehive of activity with the regular programs and events such as the Bar Nites, Bingo & Housie, Whist & Bridge, Karaoke, Book Launch, What's a Good Word, Dumb Charades and so on.

This October will see a Jazz Evening on the 10th by Radha Thomas and a Truck Food Festival, the next day. James Crockett will be coming all the way from England to enthrall all the CC Members and their Guests with a tribute to Robbie Williams. Robbie as most of you may already know has created genres of music across, Pop, Pop-Rock, Soft-Rock, EDM and Alternative-Rock. I am certain James will be the next best thing that can happen at our Club other than Robbie being at CC in person. The Entertainment Committee has also planned for an exclusive Member's afternoon event – Down Memory Lane, with Carlton Braganza on 15 October. Please mark your calendars and block your time for these events.

In this month of the Holy Rosary, let us all reinforce our faith through Rosary and its 20 Mysteries.

I look forward to see you all more often at the Club and especially at the various Events which are painstakingly curated by the Members of the Managing Committee and their Sub-Committees.

Thanking You and Stay Blessed

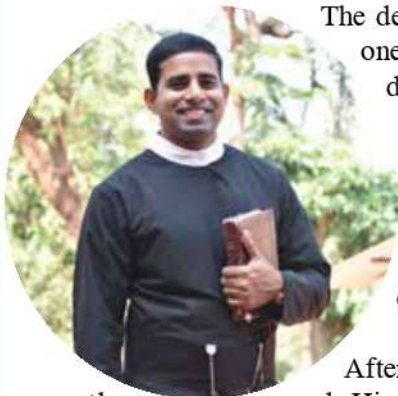
Melville D'Souza
President

Islamic prayer beads "Tesbih", "Tasbih" or "Misbaha" usually have either 99 or 33 beads.



HOLY ROSARY: EXPRESSION OF ONE'S LOVE FOR MOTHER MARY

by Fr Richard Fernandes, Redemptorist



The devotion to the Rosary is one of the most distinguishable features of popular Catholic spirituality. The Rosary inspires us to meditate on the mysteries of the lives of Jesus and Mary.

After Christ's ministry on earth and His glorious Resurrection, St. Paul urged believers to pray without ceasing (1Thess 5:16-18). By the ninth century, monks were reciting all 150 Psalms as part of their daily prayers while keeping count with the use of pebbles. Christian laypeople sought to imitate this devotion but found it difficult to do so - given their high rate of illiteracy. As a result, laypeople began reciting 150 Our Fathers each week instead of the Psalms. To keep track, they would use knotted string, small pieces of wood, and, eventually, beads.

In the 16th century, Pope Pius V established the standard 15 Mysteries of the Rosaries which are grouped into three, the Joyful Mysteries, the Sorrowful Mysteries and the Glorious Mysteries. In 2002, Pope John Paul II added a set of five to the existing 15 mysteries and these became known as the Luminous Mysteries.

Bishop Fulton J. Sheen, prayed it daily and wrote enthusiastically about this prayer, "The Rosary is the meeting ground of the uneducated and the learned; the place where simple love grows in knowledge and where the knowing mind grows in love ... The Rosary is the book of the blind, where they see, and there enact the greatest drama of love the world has ever known; it is the book of the simple which initiates them into mysteries and knowledge more satisfying than the education of other men; it is the book of the aged, whose eyes close on the shadow of this world, and open on the substance of the next. The power of the rosary is beyond description" (The World's First Love, p. 188, 189).

St John Paul II called the Rosary "my favourite prayer." He recommended that families pray the Rosary together. Praying the Rosary allows one to encounter Mary and to enter the mysteries of Jesus Christ. Hence,

1) Mary can help one to better know her Son, Jesus Christ

When the angel appeared to Mary and told her that she would conceive and bring forth the Son of God, she answered, "Behold, I am the handmaid of the Lord. May it be done to me according to your word" (Luke 1:38). Her "yes" to following God's will - was a crucial moment in the story of the salvation of the world. Mary was present throughout Jesus' life, even at his crucifixion. By praying the rosary, one can contemplate as how one has to serve God by following her example.

2) It's an opportunity to reflect on the Gospel mysteries

When praying the rosary, one is invited to reflect on the joyful, sorrowful, glorious and luminous mysteries revealed in the Gospels. By reflecting on these events, one not only increases one's understanding of the life and ministry of Jesus, but one can also discover God's calling to live a holy life. As Pope John Paul II states in his apostolic letter, *Rosarium Virginis Marie* (2002), the rosary is a "compendium of the Gospel" and has "all the depth of the Gospel message in its entirety."

Therefore, there are many benefits that one can receive while praying the Rosary. They are as follows:

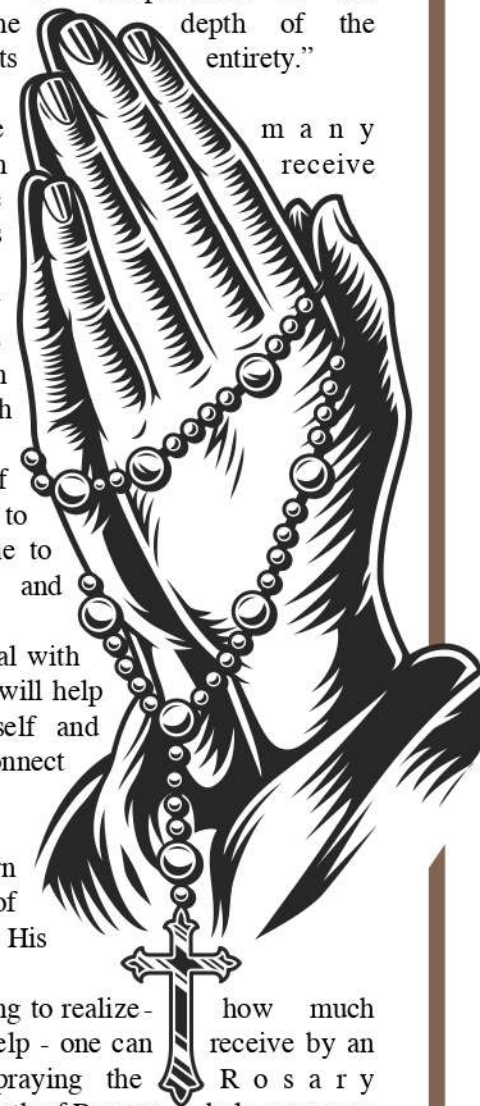
Praying the Rosary can help one to focus on God and grow in one's relationship with Him.

It gives one peace of mind and helps one to relax; it will help one to overcome anxiety and stress.

It will help one to deal with difficult situations; it will help one to forgive oneself and others as well as connect with God.

It helps one to learn more about the life of Jesus Christ and His Mother.

Therefore, it is amazing to realize - how much grace and heavenly help - one can receive by an act so simple as praying the Rosary regularly. May the month of Rosary help everyone to reflect on the life of Mary by praying the Rosary.



HUMAN RESOURCES

Handling our Human Resources with Care Mark Lushington - MIC

As we move forward with our continued efforts to better the lot of our dedicated staff, it is our earnest endeavour to ensure that they are clear about what they are expected to do.

Accordingly, we have completed the compilation of the Job Descriptions for the staff, which will enable them to be aware of their duties and responsibilities and be able to deliver what is expected of them.

The recruitment of additional staff for the F&B section has enabled us to deliver a much more efficient service on the ground and cope with the increasing demand for a higher level of service. The boys and girls whom we have recruited are young, enthusiastic and keen to grow their careers. We, from our side, are doing our best to enhance their communication skills and provide them on-the-job training by attaching them to our senior staff, to shadow them and learn from them.

We have now implemented our Reward & Recognition System, which comprises two parts. The first part requires the Members inputs, in recognizing any outstanding performance provided by any member of our staff. A simple email to The Secretary of the Club, citing the name and employee number of the person, detailing the incident where the staff member had gone beyond the call of duty, or simply providing you good service, any assistance or action which you feel needs recognition and reward.

Once we receive your recommendations, this will then go through an internal assessment on other parameters, which will be clubbed together with your inputs and form the basis for the employee being considered for a suitable reward and/or recognition.

It is our sincere request that you Members take the time to participate in this R&R program, as this will go a long way in boosting the morale of our staff, who continue to serve us relentlessly. Your cooperation is earnestly solicited. For any clarifications, please feel free to call the Secretary or the HR Manager.

As mentioned earlier, we have hired additional staff for our F&B Section and our new joiners for the month are 11 Female Runners and 9 Male Runners. Please treat them with care, make them feel welcome and help them do a better job. Thank You!

ESTATE MANAGEMENT

Dianney Lobo - MIC

The estate team has been active in sprucing up the club to be a cleaner, sharp looking, better organized and more efficient place. Some of the efforts are hopefully showing, in the burgeoning garden and the sporty looking Thomas Deck. Our endeavours will continue and there is still a long way to go, with the end not yet in sight. We solicit your forbearance and your support by means of feedback and suggestions. Please leave your messages at the front desk with your name and contact number or on the CC App



AEROBICS AT THE CATHOLIC CLUB

Shoba Peters - Member

"I know it's been quite a while since I started on my personal fitness journey that became truly sustainable by extending it to my larger community, but I honestly never felt 25 years roll by," says the vibrant Linsey De Nazareth.

It occurred to her that there was a window of opportunity for some of the young mothers to exercise and pamper themselves once they'd dropped the children off to school, before domestic responsibility beckoned. It just so happened that most were CC members; once that was identified, it was only a matter of administrative manoeuvring to set up, *ét voilà!* The inception of the 'Ladies Only' dance aerobics sessions or 'aero' that kicked off in 1998. It was a time when dance aerobics was hardly ever heard of in Bangalore. And so, it came to be.

Of course, over the years, the group expanded to encompass women of all age groups with the common goal of fitness, and for some, slimming, especially before Christmas! "Music has a way of transporting us that we forget the grunt of exertion and the lapse of an hour," she explains. "So many have come and gone over the years, but it's always been a fun and immersive experience. Most of us are in our 50s and 60s now, yet we keep movin' and groovin'!"



Something that she has always been cautious about is the fact that everyone has to give of themselves once they leave the floor, so a lot of attention is given to correct form and breathing, and it's no mean feat that there has never been any injury among the participants to date. "It's been heartening to see our ladies deal with serious health issues, yet keep dancing on. And EVERYONE is made to feel relevant," says Linsey. A few of us are now grandmothers - we have, indeed, prevailed.

The group has evolved to embrace the sisterhood of friendship rather than remaining merely instructor and participants. We meet outside of the club for birthdays, for no reason, and it would be remiss of me not to mention Linsey's much anticipated Christmas bash!!

We are ever grateful for the support of successive presidents, gym members-in-charge, and managing committee members, without whom we would have become a thing of the past, moons ago! And this led to the recognition that was bestowed on Linsey's ceaseless and selfless dedication - the silver jubilee celebration of our aerobics classes! This turned out to be an amazing event, as the ladies, both past and present, came together to celebrate at the lavish get-together sponsored by the CC - it was a day of fun, games, good food and wine, naughty jokes, and great vibes!

Let's keep dancing - higher and higher!!

SWIMMING POOL

Rohan Pais - MIC

The shimmering waters of our club swimming pool have always been a refreshing oasis, a place where members young and old come to relax, exercise, and escape the demands of everyday life.

Over the last four months, we have ensured to make this experience more enjoyable by concentrating on getting the basics right. The ozonised heated pool is constantly checked for water quality throughout the day with electronic meters to track PH, heat and chlorine levels. The cleaning frequency also has been increased to make sure the pool and the changing rooms are clean and safe to use. More improvements are planned to maintain hygiene and safety standards. The three lifeguards will also undergo a safety



certification in November and will do a refresher every 6 months, to handle any emergencies.

On the activity side, we have a vibrant user community but still lags in utilization levels of the pool by members. One way to address that is to have more members join swimming classes. Over 10 batches in the week catering to all from kids to adults, beginners to intermediate are in place and we request more members and their families to join. A big request to members who currently use the pool to accommodate and help onboard more learners so we can have more members using the pool.

In addition to swimming, we have more activities planned like Aqua Zumba and Aqua Aerobics where we had demo classes to evaluate instructors.

We also had a fun experience with scuba diving to familiarise people with using diving equipment. All these events saw registrations over 20-30 in a batch which is very encouraging and pushes us to plan for more such events.

Lastly, we are looking to communicate with all the members who use the swimming pool to provide



timely updates and notifications of new activities lined up. Please use the QR code to join this group and look forward to more fun updates coming from the swimming pool.

See you by the poolside!

CC Swim Club
WhatsApp group



NEW MEMBERS - SEPTEMBER

A warm welcome to all the new Catholic Club members!
Approved at the Membership Interview Meeting held on 06th September 2023

New Senior Citizen Members

- 1.Mr. Patrick Fernandes
- 2.Mr. Francis Theo Lancelot Pereira
- 3.Mr. Valentine Yesiah
- 4.Mr. Lawrence William Joseph Peris
- 5.Mr. Augustine Albert Rebello
- 6.Mr. Joseph Evarest Dsouza
- 7.Mr. Stany Thekaekara
- 8.Mr. Mathai Chandy Kunju

Donor Members

- 10.Capt. Lynn Thomas
- 11.Mr. Krish Kalro
- 12.Mr. Tanish Kalro

Life Members

- 13.Mr. John Benedict
- 14.Mr. Arokia Doss Sullagunda
- 15.Ms. Patricia Maria Fenandoe
- 16.Ms. Cheryl Maria Gonsalves

Ordinary Members

- 17.Mr. Wilson Joseph
- 18.Mr. Joel Michael Rozario
- 19.Mr. Sunil Joseph
- 20.Mr. Sridhar David
- 21.Mrs. Jocelyn Thankachan Thomas
- 22.Mrs. Jennifer Thankachan Thomas

Temporary Members

- 23.Mr. Anto Sujana Jerard
- 24.Mr. Jeevan Alvares

Non Resident Members

- 25.Mr. Christopher Patrick Bryan Archer

HOUSIE

Housie is the Name of the Game
Mark Lushington - MIC

“Come September”and it brings back memories of Rock Hudson and Gina Lollobrigida and the haunting melody of the film soundtrack that so many of us grew up with.

For us too, September came on with a rush and there we were, on the first Sunday of the month with our One Lakh Bumper Housie. Needless to say, the event attracted 182 of our indomitable Housie fans, who turned up for an evening of excitement, hefty cash prizes, coupled with some delectable gift coupons from ‘The Conrad’, courtesy Girish Ramanathan and ‘The Konkan’, courtesy Neil Prabhu. Our grateful thanks to them for their continued support as always.

“Absence makes the heart grow fonder” they say. This was exemplified at our Bingo morning. Having lost one Sunday to another event, our Housie fraternity was desperate to come back again and so were we and this was evident in the large turnout that we had for our Bingo Morning on the 17th.

143 people attended the Bingo morning and came well in time to secure their favourite places. What was even more encouraging to see was that our members outnumbered the guests in a ratio of almost 3:1. Kudos to our members and we want to see your numbers grow. This is for you and your families.



We are thankful to all our members and guests who make the time to come and attend our events without fail. It is your active participation that keeps us going.

My sincere thanks to my subcommittee, the staff and all those who make the Housie events a success.

iKidz

Joeita Pelegrim - MIC

This month saw the kids have a fun learning experience with their favourite - Pizza

Pizza being a widely ordered item across the globe and various age groups, we thought we would like to have the kids to have a learning of it.

The kids were enriched with knowledge of the ingredients, the basic culinary skills that go into serving this relish.

The kids got into pizza making mode with kneading the dough, including ingredients and adding toppings of their choice, post which each child was treated to placing the pizza in the oven and thereafter enjoying their creation.

The kids had an enjoyable, fun, learning and wholesome experience.



Buddhists and Hindu Brahmanists use "Japa Mala" usually with 27 bead malas, a divisor of 108, or 108 itself.



HEALTH CLUB

Maya Bashyam - MIC

The month of September saw the gym get a good makeover. The mirrors across the wall were replaced, and the gym went through total spring cleaning.

Our Zumba classes continue with gusto (mornings and evenings - twice a week), and our members who have been at this for almost three months now boast shapely figures, inches lost, and feeling buff and fitter.



The Yoga classes too have started (mornings - twice a week), and I would encourage more members to join. It takes meditation and peace of mind to a different level.

The monthly ROMP on the third Sunday continues to bring in new members and guests. This time it ended with an excellent talk by our very own CC member, a renowned Sports Nutritionist Shona Prabhu.

Here's a shout out to all our members - I would encourage you to use our state-of-the-art gym.

iBrowse

Joeita Pelegrim - MIC

The I Browse event for the month of September was held at the Ballroom on the 15th of September 2023 at 7 pm, we had a well-attended event with the Ballroom being fully occupied with members and guests alike. This event saw the Karnataka Goan Association collaborate with the Catholic club to make it a memorable one.

We had a earthy and rustic theme event with attention to detail on the decor, lights, handmade

flowers and elegant items adorned the tables, we had authentic goan snacks customised to add to the authenticity of the event.

Author Sunita Vaznaik and her book *Once upon a village in Goa*, gave the audience an insight of beautiful goa through her eyes and moderator Reena did an amazing job of stepping in to ensure the show went on.

All in all was a memorable evening.



GAMES

Gavin Cordeiro - MIC

HENPECKED MORNING – SUNDAY 22 ND OCTOBER – 11.30 AM ONWARDS

The Games Committee brings you a Sunday morning with a difference:

Fun and Games for the Ladies

A cookout by the Gents

Come take part in the games or lose yourself in enjoying the exotic fare that will be available on sale.

Come early if you want a slice of the action!!

WHAT'S THE GOOD WORD

Five teams battled it out for top honours through Pictionary, Dumb Charades and What's The Good

Word round. It was good to have members in the audience teaming up to form a team!

Congratulations to the Winners

Watch out for next months edition on October 20 th which they will be conducting.



CARDS

Anup Saldanha - MIC

We've had an eventful month of engagement at the cards room in the month of August. Clearly more footfall, increased chatter and the overall experience is true to the fact that "Life consists not in holding good cards, but in playing those you hold well" - Josh Billings

Giving you a sneak peak into what we have been upto:

1. Independence Day - 2 Rummy tournaments - August 12th and August 27th.

We had 38 and 47 participants respectively. Winners of the final round were awarded with a cash prize of Rs 1 lakh in all. The tournaments closed with a socialising meal and cocktails - well received by the participants.

Thanks to Jeffery Crasta for sponsoring food vouchers and Virginia Standon for sponsoring a portion of the cash prize.

A huge shout out to our sub-committee members - Vincent Paul and Ashok Baikampady for their active involvement in organising the tournaments and for their undeterred support to the card room activities on a daily basis.

A special mention to Das for managing our card room!

2. Independence Whist Bumper - August 14th.

We had a good number of participants (30) who enjoyed the game and did take away cash prizes. Dinner and Cocktails were sponsored by the club and have surely left our participants wanting to have a repeat.

Special thanks to Naveen Fernandes from our sub- committee for conducting Whist every week and for keeping the spirits in the card room high!

Here is an open invitation for members (with your guests) to learn the game of Whist. Swing by to the Ballroom on Mondays at 6.00 p.m.

3. Bridge (another game of cards) is played every Tuesday at 6.00 p.m. at the Ballroom. For further details, please reach out to Hermine Mathias from our sub-committee.

Upcoming Events :

23rd October - Whist Bumper; starts 6.00 p.m. at the Ballroom.

28th October - Bridge Tournament; starts 9.30 a.m. at the Ballroom.



A Ladies Afternoon at
The Derby

Maya Bashyam - MIC

Something special happened on 16th September afternoon at CC, something that had never been done before. This was a new twist to a HIGH TEA for the Lasses, spiked with a Derby (horse racing) theme.

It began with each of the Ladies being given a funny Derby name (Epsom, A Horse with No Name?) as they entered - and a plateful of scrumptious cookies and hot coffee/tea. The afternoon then began with a host of fun games, where everyone participated. Housie, Horse racing games, making of fascinators, lime and spoon race, pictionary. There were betting games (in line with the Derby theme) too - all the winners received generous gifts, sponsored by our very own Club Members. And after all of that - was the High Tea. Oodles and more of eats, bitings, snacks, favorites - worthy of Harrods or Kensington Palace Gardens in London.

Here's a big shout out to the brilliant, innovative, and always engaging sub-committee and Mr. Marcus Pereira - who was the MC for the afternoon and bloomed as always amongst the Lasses. And Thank You to the Ladies - who came dressed for the Derby event with hats, dresses, pastels, and indulged in all the fun and frolic.



YOUTH

Crystal Crasta - MIC

The Taboo Throwdown event organized by the Youth Committee of the Catholic Club was a vibrant and engaging evening of fun and friendly competition. This event aimed to bring together young members of the community for an entertaining and educational experience.

Participants formed teams and engaged in a lively game of Taboo, a word guessing game where players must convey a word to their teammates without using certain "taboo" words or phrases. The atmosphere was filled with excitement and laughter as participants attempted to beat the clock and score points by guessing the correct words.

The event also provided an opportunity for socializing and building connections among the attendees. It was a fantastic way for young people to come together, enjoy each other's company, and strengthen their bonds within the Catholic Club community.

The winners of the event received a complimentary ticket to the Moonlight Masquerade Event on 31st October. The winners were:

George GP
Samantha R
Rohit Sarcar



The Taboo Throw-down event was a resounding success, bringing people together through the love of language and the thrill of wordplay. With a mix of competitive spirit, creative interpretations, and insightful discussions, it left participants eagerly awaiting the next edition. This event proved that words can be both fun and challenging, fostering connections and laughter among attendees. It served as a testament to the Youth Committee's dedication to creating enjoyable and meaningful experiences for its members.



We are also delighted to share with you the grand success of "The Royal Soiree," an evening of opulence and excitement that unfolded with a mesmerizing red and black theme.

In a world of musical wonders and timeless elegance, an unforgettable event unfolded. This enchanting evening, graced by the melodious tunes of 'The Fernandes Duo,' transported attendees into a realm of sophistication and musical magic. Held on September 9th, this event was a true celebration of sophistication and style, and it's our pleasure to recount the highlights of this unforgettable night.

Our beautiful decor was meticulously designed by Sheila Lushington, and complemented the evening's theme perfectly. As guests entered the venue, a world of regal beauty awaited them. Rich red and white drapes, with a poker themed arch at the entrance, created an ambiance that exuded luxury and charm. Keeping the energy levels soaring throughout the night was our charismatic emcee, Jake Texeira. His engaging storytelling and quick wit had the entire crowd captivated. Jake's talent for commanding the crowd created an electric atmosphere that made "The Royal Soiree" a night to remember.

We extend our heartfelt thanks to our sponsors, whose generous support made our event possible. Fireball and Roulette Whiskey, provided some lovely gifts to the winners of the games we conducted. In addition, I would also like to thank my youth committee members, Nikita, Tristan, Greg, Aryan and Jason for their effort and continuous support and contribution to making this event a successful one.

In conclusion, "The Royal Soiree" was a true testament to the perfect fusion of elegance and excitement. The red and black theme, expertly crafted decor, and the magnetic presence of our emcee combined to create an unforgettable evening. We extend our deepest gratitude to our sponsors, decorators, and emcee for their invaluable contributions in making this event a resounding success.

Thank you to all who attended our first event and made it a night of "poker", glamour, and cherished memories. We look forward to welcoming you to our future events, where we will continue to create extraordinary experiences."



ELDERS

Lumita Pais D'Sa - MIC

Ich liebe Deutschland (I love Germany)

The Elders German-themed evening on September 21st, started out on a fun note with the members singing along to the popular beer song Ein Prosit (A toast to your wellbeing).

This was followed by the much-loved evergreen game of Housie. There were a number of prizes to be given away and our members were not shy in coming forward to sing "Edelweiss" or to "Yodel." An innovative twist on the 4 corners game saw members hula hooping, doing the zombie dance and others showing their disco moves. A brain game, a husband hollering contest and a beer feeding bottle contest saw our Young At Heart members roaring with laughter and getting in touch with their inner kid.

There were appreciative prizes for the gentlemen and lady who took the trouble to come dressed for the evening in their lederhosen and dirndl outfits: Victor Menezes and Sheila Lushington, a round of applause to you both.

The menu, specially curated with delicious starters like hot dog and sauerkraut and the main course with creamy chicken, potato salad, roast pork, and German tomato rice, saw our members giving a thumbs up and saying "Das Ist Super."

The subcommittee in their dirndl outfits with red and black check aprons danced to the song IHA, IHA, IHA-OH, with members joining in to try out their own moves. The popular numbers played by DJ Neil kept the crowd humming along and dancing well into the evening.



FAITH

Lumita Pais D'Sa - MIC

The feast of Maria Bambina popularly known as Monthi feast was celebrated in the catholic club on the 9th of September with utmost grandeur made possible by our generous benefactors and the persistent efforts of our Faith Sub-Committee.

Our ladies feast was celebrated observing Konkan customs and was attended by over 200 members and a large number of children.

The faith program was evangelised by Fr Adrian Mascarenhas and the gathering was enlightened as to the different icons of our lady including some lesser known icons of Mother Mary of Indian descent . As is customary during the celebration of our ladies nativity we had over 20 children offer flowers to our lady followed by our members who joined the children in devoutly doing the same .

The children were rewarded with a bag of chocolates after they had offered flowers to Mother Mary and The prayers of the faithful were read by the children present thus granting an active role to them in our Monthi feast celebrations.

Blessed corn also known as Novem was distributed among the faithful in keeping with tradition and a vegetarian meal was served honouring the ethos of our ladies nativity being the harvest feast , Sugar cane was distributed among all present .

I would like to once again take this opportunity to thank our generous sponsors President CC Melville D'souza for the chocolate goodie bags distributed to the children , Mrs Coleen Shenoy , Mr Blake D'sa and Mrs Shanthi Peres for sponsoring the food served to the gathering .

Apart from the above I would also like to thank Mrs Shanthi Peres for sponsoring the Flowers and the décor for the event.

May our beloved Mother Mary ever intercede for us all .





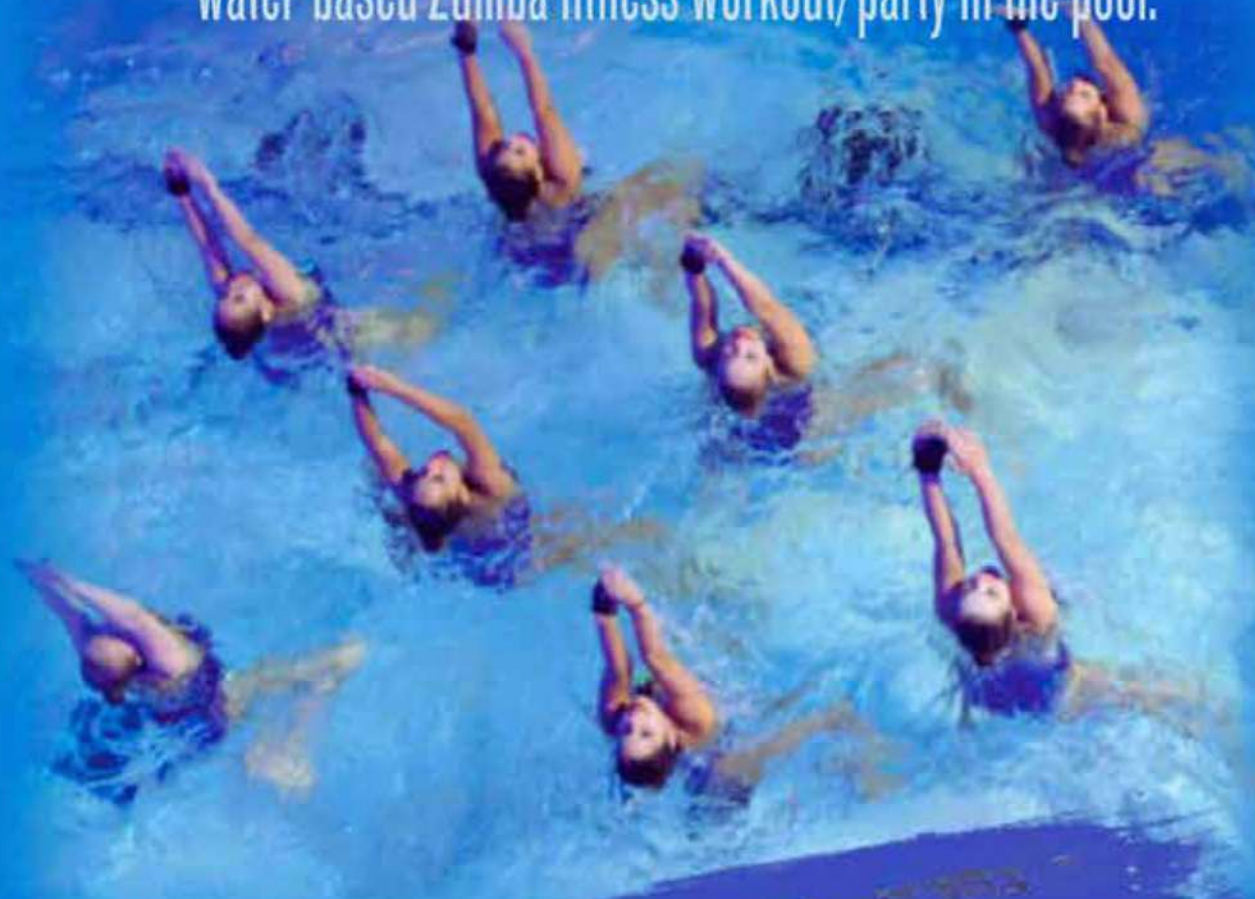
CC CATHOLIC CLUB

AQUA ZUMBA

By Pritika Dhoot 

Classes begin from 7th October
Weekend Batch (Sat/Sun) - 7.30 am to 8.30 am
Pls register at the CC Reception

Just bored of your regular exercise routines. It is a fun-filled water-based Zumba fitness workout/party in the pool.



Fees:

Members: Rs 2200/+GST

Non-Members: Rs 3500/+GST

(Pay for 3 Months and avail a 20% discount)



PAST FORWARD

RADHA THOMAS / AMAN MAHAJAN
ALFREDO PAREDES / SAURAV GHOSH

**JAZZ AT CATHOLIC CLUB
OCTOBER 7, SAT, 8:00 PM
MEMBERS FREE, GUESTS RS 150**

STANDARD CLUB RULES APPLY.
RIGHTS OF ADMISSION RESERVED





CATHOLIC CLUB
PRESENTS

FRI
13TH OCT
@ 7 PM

The Ultimate ROBBIE WILLIAMS experience



IRRAW



FEATURING
ANDY
UK'S MOST WANTED
TRIBUTE

"IMPRESSIVE STUNNING SHOW"
-LOUIS BELL, SAMANTHA MAGAZINE (TURKEY)

"NOMINATED BEST TRIBUTE ACT NTMA'S 2016 ONWARDS"

Entry

MEMBERS - 200
DEPENDENT & SENIOR DEPENDENT - 100
GUEST - 499
GUEST CHILD 5 TO 12YRS - 200
MEMBER & GUEST CHILD BELOW 5YRS FREE
TABLE - 200

Rights of Admission Reserved, Standard Club Rules Apply



Carlton Braganza

with Koe Hauzel

Down Memory Lane

1pm, 15th Oct



MEMBER'S AFTERNOON

Tickets (inclusive of lunch)

Members above 12 - Rs. 250

Children below 12 - Rs. 150

Tickets to be bought on or before the 14th Oct

Tickets bought on event day will not include lunch

Standard club rules apply



Catholic Club iBrowse Book Club

INVITES YOU TO JOIN US FOR
A DISCUSSION WITH AUTHOR



ABHISHEK SHIVARAM
IN CONVERSATION WITH



NAZARIUS MANOHARAN

30 Invaluable Life Lessons
You Can Learn From Cricket

OUT OF THE PARK

ABHISHEK
SHIVARAM



ON FRIDAY 20TH OCTOBER 2023, 7 PM
@ BALLROOM

ALL ARE WELCOME!!!

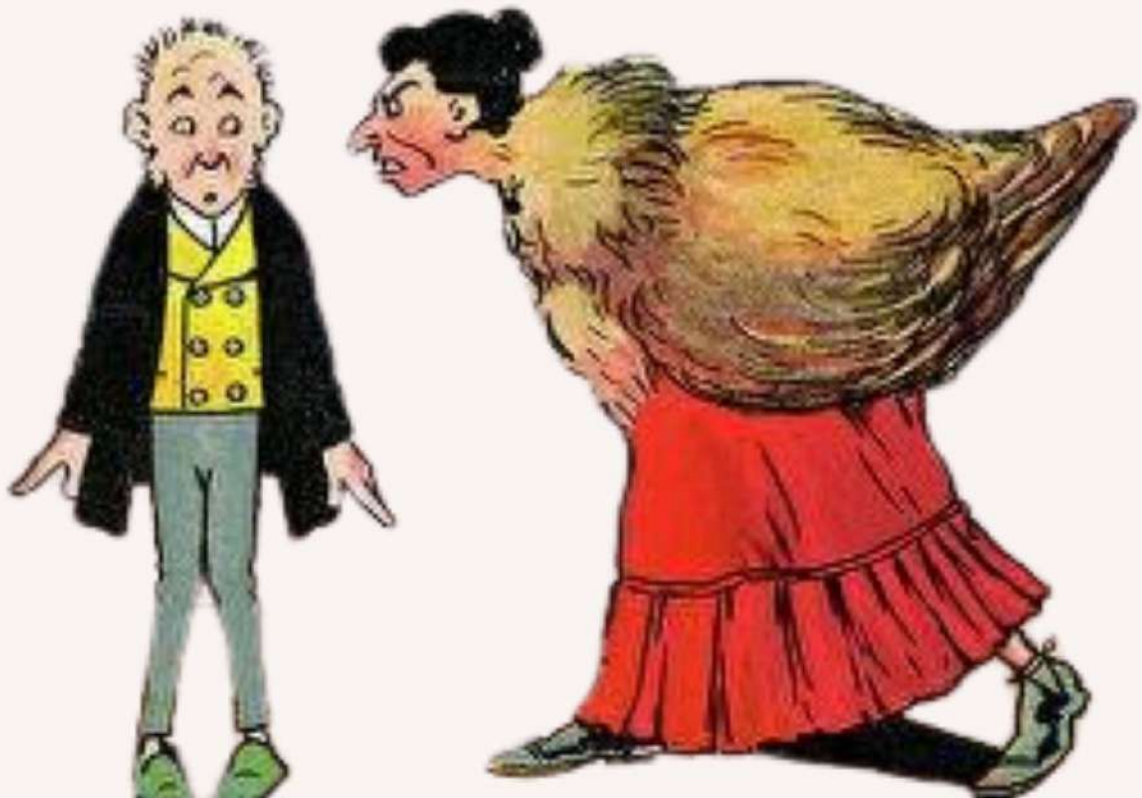
NO GUEST FEE FOR THE EVENT**

LIGHT SNACKS & REFRESHMENTS PROVIDED



WATCH OUT FOR HENPECKED MORNING

A Sunday with a difference



22 Oct

SUNDAY 11 AM



YOUTH COMMITTEE PRESENTS

TUE
31 OCT
@ 7PM

MOONLIGHT MASQUERADE PARTY



FEATURING



ENTRY

DEPENDENT RS. 150
SR. DEPENDENT RS. 300
MEMBER RS. 300
GUEST RS. 600

ALL MEMBERS AND GUESTS ARE WELCOME

CC EVENTS

OCTOBER 2023



Catholic Club
22, Museum Rd, Shanthala
Nagar, Ashok Nagar,
Bengaluru, Karnataka
560025

MAIN CATHOLIC CLUB :
080 49023333

DEPARTMENT
EXTENTION NUMBER
Secretary - 244
Membership - 225
Reception Man - 226
Health Club - 406
Swimming Pool - 242
Library - 241
IT - 229
Card Room - 234
Billiards - 404

CHAMBERS DIRECT -
9035173831
Please contact for chambers
and room bookings.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 OKTOBER FEST 12 NOON REGULAR HOUSIE 7.00 PM	2 WHIST DRIVE 6.00 PM	3 BRIDGE 6.00 PM	4	5	6 BAR NITE 8.00 PM	7 JAZZ EVENING BY RADHA THOMAS 8.00PM
8 FOOD FESTIVAL 12.30 PM BUMPER HOUSIE 7.00 PM	9 WHIST DRIVE 6.00 PM	10 BRIDGE 6.00 PM	11	12	13 TRIBUTE TO ROBBIE WILLIAMS 8.00 PM	14 MUSICAL EVENING BY DJ KARL & DJ SU 8.00 PM
15 BINGO HOUSIE 11.00 AM MEMBERS AFTERNOON - DOWN MEMORY LANE - CARLTON BRAGANZA 1.00 PM	16 WHIST DRIVE 6.00 PM	17 BRIDGE 6.00 PM	18	19	20 IBROWSE - AUTHOR ABHISHEK SHIVARAM BOOK "OUT OF THE PAART" 7.00 PM BAR NITE 8.00 PM	21 FAITH 7.00 PM MUSICAL EVENING - FOURPLAY 8.00 PM
22 HENPECKED MORNING EVENT 11 AM SUNDAY BRUNCH 12.30PM HOUSIE MEMBERS ONLY 7.00 PM	23 WHIST DRIVE 6.00 PM	24 BRIDGE 6.00 PM	25	26	27 BAR NITE 8.00 PM	28 MUSICAL EVENING 8.00 PM
29 SUNDAY BRUNCH 12.30PM MINI BUMPER HOUSIE 7.00 PM	30 WHIST DRIVE 6.00 PM	31 MASQUERADE BALL BY DJ CALIE 7.00 PM				

Editorial team - Rohan Pais (MIC), Roy Rodrigues (Editor), Reshma Lobo, Joshua Quadros, Vani Sagaya Mary.