



Catch-Up!

December 2023

President's Address



My Dear Fellow Members,

As we stand on the cusp of December 2023, I am filled with immense joy and excitement as I unveil the spectacular array of events, we have in store for you during this festive season. It is my privilege as the President of our Club to welcome you to what promises to be a December to remember.

We kick off the month with the much-anticipated Christmas 13 Cards Rummy Knockout Tournament followed by Whist and Bridge in the 2nd half of the month.

In the spirit of giving, we are proud to host the Catholic Club Orphan's Fun Day on 3rd Dec. as we come together to bring joy and warmth to the hearts of the less fortunate who need it most.

We recognize the wisdom and experience of our elders. Join us for an Sugar & Spice Evening for Elders, where we celebrate their contributions and create cherished moments together.

On a festive note, Mistletoe a joint event with the KCA, promises to bring together two vibrant communities for a night of joy, laughter, and perhaps a touch of magic.

The Christmas Bazaar towards the end of the 1st Half of the month invites you to indulge in the festive spirit, explore delightful stalls, and find unique treasures for your loved ones.

Our flagship event, Carols by Candlelight, promises to be a night of enchantment and melody, as we gather under the stars to celebrate the true essence of Christmas. And you know something? This Managing Committee can sing too.

For those who enjoy the thrill of numbers and luck, join us early in the 2nd half of the month for Bingo Housie, where every call is a step closer to winning.

Prepare for an evening of laughter and intellect as Mark Rego takes the stage for Booze and Brains a few days before Christmas.

Closer to Christmas, our talented youth will take Centre Stage for "Christmas Jingle and Jazz". Experience the vibrancy and creativity of our budding artists.

Christmas Eve calls for a celebration! Join us for an only at The Catholic Club, "Cake and Wine" event accompanied by the renowned Band, A26

On Christmas Day itself, indulge in the excitement of the Christmas Bumper Housie, a day filled with surprises, laughter, and the chance to win big!

As we approach the end of the year, immerse yourself in the elegance of the Yuletide Ball, featuring the Band, Ragaas to Riches, who will play a mix of Pop, Rock, Dance, Bollywood, and Goan music.

They are also known for their energetic stage act.

Lastly, we bid farewell to 2023 with a bang! Join us for the New Year Party where the sensational Band, Uzo, will help us usher in the new year with much aplomb.

As we embark on this festive journey together, let's revel in the joy, camaraderie, and the magic that December brings. I encourage each and every one of you to partake in these events, create lasting memories, and make this season truly special.

Compliments of the Season and here's to a December filled with laughter, love, and unforgettable moments as well as wishing you the Best of Luck for the Roller Ball Daily Lucky Draw which will be held every evening from the 10th to 31st of this month for a cash prize waiting to be grabbed.

Melville D'Souza
President



HUMAN RESOURCES

Upskilling our Personnel

Last month we focussed on handling our personnel in a humane manner. We continue to reiterate that; this is an important element in treating them with dignity and enabling them to become a part of our Catholic Club Family.

We had briefly mentioned the importance of Training. I am happy to inform you all, that we have taken our first constructive step in this direction. With the assistance of our MiC Estate, Dianney Lobo, we have been introduced to a professional Training establishment called 'Unique Consultants, Bangalore,' who have conducted a first round of training for our entire staff at the Catholic Club starting from the Secretary, to the HoD's and right down to encompass all the personnel on the rolls of the club.

A bespoke training program was specifically designed by the Company, after conducting a preliminary study of our personnel and processes and was conducted over three days on the 31st October 2023 in two sessions and then followed up with two more sessions each day on the 6th & 7th November 2023.

This initiative was very well accepted by our staff at all the levels and their active participation and involvement, showed their eagerness to learn and improve their skill sets and themselves.

We, from the management side are eagerly awaiting to see the impact that this training has had and to see the levels of service improving as a result of this training.

On the aspect of the Reward & Recognition System, we have not seen much participation from our members as yet and we urge you again to take some time off to make some nominations for our staff who have performed well, to encourage them to continue to better themselves.

For your information, the first formal R&R Program is scheduled for the 7th December 2023, at the Senior Citizens Evening, where a few of our staff will be recognised and acknowledged for their exemplary service to the club. In order to give these staff a wider exposure and acknowledgement, it is our plan to hold these R&R Programs at various events held by the club to add value to the system.

A briefing of all the F&B Staff, Cafeteria, Bar and others was conducted by MiC Bar, MiC Cafeteria, MiC HR and the Secretary to prepare them for the upcoming Festive Season and to explain to them the extreme demands that will come up during this time.

We have counselled them on their dress and demeanour, the quality of service and requirement of everyone to pull together.

On the recruitment front, my subcommittee and I are actively sourcing personnel for the vacancies and other staff as required to help us gear up for the upcoming season.

Mark Lushington
MIC HR

iBrowse

The month of November saw an iBrowse event with a difference. This event was a collaboration of a Discussion on Sustainable Fashion and Charity Thrifting.

The event was held on the 26 th November at the Ballroom, the hall was set up for a fabulous discussion of Sustainability - Fashion and a variety of Pop up stalls with Fabulous Clothes, Jewellery, Environmentally friendly products and hand crafted Bindhis.

The stalls supported and spearheaded by the Preloved Company aims at closing the social fashion loop. It offered a galaxy of fashionable finds at down to earth prices.

Every single purchase that was made contributed to causes and uplifting of communities.

Our speaker Mrs Meghna Khana had various attributes to her credit and kept the audience engaged in her awareness and insights on the chosen topic.

A huge shout out to all that patronised the stalls and contributed to a great cause.

MIC - Joeita Pelegrim
iBrowse, I kidz , Library & Children



FAITH

Life Eternal – November 4th

The month of November is traditionally a time in which the Catholic community remembers those who have passed on to eternal life.

And it was for this reason that “Life Eternal” was chosen as the theme of the Faith Meeting held at the Catholic Club on November 4th.

Thanks to Lorna D’Souza, the beautiful bouquets of purple and white adorning the altar gave immense cheer to the families of the Dearly Departed. The soothing words of comfort and compassion spoken by Rev Dr. Archibald Gonsalves, OCD, Vicar Provincial, Karnataka & Goa Province, offered hope in a time of grief. The melodious hymns by the St Patrick’s choir headed by Sharon Chang lifted the spirits of the congregation.

The proceedings started with a moving light procession by the family members of the Departed. A PowerPoint of the dear ones made it even more meaningful.

Fr. Archibald said a special prayer for the departed members of the Catholic club including a blessing of the congregation which was much appreciated. The beautiful service ended with fellowship and dinner.

Lunita D’sa Pais
MIC



HEALTH CLUB

As the month of November goes by the health club continues with the Zumba, yoga and pilates classes. The gym also beckons members to join in and get ready for the exciting season ahead.

The annual Romp was held on the 19th of November. This was the 9th consecutive year and was a grand event with almost 110 members participating. A big thank you to our generous member sponsors who helped us to make it a great success.



Maya Bashyam
MIC – Health Club

LADIES

With the New Term of the Managing Committee kicking off in July this year, and as Ladies Member in Charge, my Sub-committee and I decided we would try something new, different, innovative. To plan our Ladies events with a twist.

We kicked off our first event with a novel Ladies Bar night in July - with games, prizes, and plenty of dancing.

We had a late afternoon High Tea in September with a Racing Derby theme - think of it as the Ladies of CC at the Turf Club for the races.

We had a Hen-Pecked Husbands event in October planned and executed jointly with our Indoor/Outdoor Committee (Thank You, Pravin/Gavin !) - this had men manning food stalls selling delish items such as barbecued beef/chicken, delectable sandwiches (the bread made at home), cheeses of all varieties, roasted pork/chicken, and vegetable/chicken Burmese Khow Suey soup.

We will continue to be inventive over the next few months and bring in a little excitement, fun, a little joie de vivre.

In November we plan to conduct a Dance Workshop to get all of us Ladies geared up for the Christmas.

We will thereafter be taking a break till January since a number of events have been planned by other Committees during the holiday season.

Look out for some fun filled events in 2024.

Maya Bashyam
MIC-Ladies

GAMES

Guessing words, acting, drawing, singing – all with a Christmas theme in this edition of this popular quiz programme.

Come dressed in Christmas colours too.
Register your teams early at the Reception counter.

Gavin Cordeiro
MIC

HOUSIE

The Diwali Dhamaka – An eagerly awaited event.

November started off with a regular Housie for both Members and Guests. Although the prize money was small, the patronage continued to be large. Our regular and faithful followers came and participated in fair numbers for the event with a total of 81 in attendance.

In spite of the re-location of most of the Housie events for the past one and a half month from the Ballroom to the Raintree, our patrons have turned up faithfully for all our events. Our Mini Bumper held on the 12th November saw a large crowd in attendance. We had 77 members and 39 guests at the event who had an evening full of fun and camaraderie.

Following on, was our Bingo Morning held on the 19th November, where we had another great turnout of 114 people in attendance. Even more encouraging was the fact that we had 79 Members and 35 Guests at the Bingo morning. Some of the elders who cannot make it for the evening Housie's, turned up for the Morning Bingo and it was great to see them there. A lot of them who have not been coming for a long time, have started attending our Housie events. Kudos to them for their commitment and determination.

Owing to the World Cup Cricket, we had to postpone our Super Duper Diwali Bumper Housie of Rs.2 Lakhs to the 26th November 2023. We are anticipating a great crowd again for this mega event and we are doing our best to make it a memorable one for everyone.

We look forward to seeing you all again and to all of us having a whale of a time and to finish the month with a Bang.

Needless to say, that all this would not be possible but for the support of all our patrons, both Members and Guests and our thanks and appreciation go out to all of you.

Again, without our sponsors who continuously extend their unwavering support to us, to help enhance our events, a 'Big Thank You.'

And last, but not the least, my 'hands-on' Subcommittee and our dedicated Caller, the one and only Gavin Cordeiro, who makes my life easier; our wonderful staff who work tirelessly behind the scenes to make sure that everything is "tickety- boo" on the days of the events.

Thank you everyone!

Mark Lushington
MIC Housie

iKidz

The best way to have good children is to make them happy "

Keeping this quote in the forefront this year we decided to keep the kiddies happy with a Carnival that saw an exclusive Clown show. Tim the clown as he is known as kept the children entertained and on their toes with dancing, games, give away and not to forget including the parents to be a part of the fun activities. We had the kiddies munching on Popcorn and cotton candy.

The Bouncing castle saw the kids enjoy every moment of it.

Tattooing and face painting drew the kids in large numbers, the Nail art counter saw the kids chose the colour and design of their choice.

Customised snack boxes with yummy cake pops, quiche, cookies and mini pizzas saw the kids have an enjoyable, Fun loving and extremely memorable afternoon.

Joeita Pelegrim
MIC



YOUTH

Moonlight Masquerade: An Enchanting Night of Mystery and Elegance

Underneath the shimmering glow of the full moon, a night of mystery and elegance unfolded at our “Moonlight Masquerade” event.

The heart of the Moonlight Masquerade lay in the exquisite masks and elegant attire worn by the attendees. Guests arrived in a dazzling array of masks, from delicate lace to ornate feathered creations, and elaborate gowns and suits.

The pinnacle of our Moonlight Masquerade was the highly anticipated Best Dressed competition, and the victors were none other than the charmingly Fernandes family that embraced the essence of darkness—the Addams Family. With Gomez, Morticia, Wednesday, and Uncle Fester in attendance, their impeccably detailed costumes and uncanny resemblance left no doubt that they were the epitome of eerie elegance. The family’s commitment to embodying the spooky allure of the Addamses earned them the coveted title of Best Dressed, casting a spell of delight and applause throughout the masquerade.

As the enchanting night unfolded at the Moonlight Masquerade, the dance floor became a magical realm beneath the shimmering moonlight. The graceful waltzes and lively tunes were orchestrated by none other than the renowned DJ Calvin, whose beats seamlessly blended classical elegance with contemporary rhythms. The dance floor pulsed with energy as attendees twirled and swayed to the curated melodies, creating an atmosphere of joy and sophistication.

Adding to the charm of the evening was the charismatic emcee, Brandon Dally whose voice guided the crowd through each dance and announcement with wit and flair. Their banter between songs and playful interactions kept the atmosphere lively, ensuring that the night’s momentum never waned. Together, DJ Calvin and Brandon orchestrated a symphony of music and entertainment, turning the Moonlight Masquerade into a dance extravaganza that lingered in the memories of all who attended.

A heartfelt thank you goes out to our generous sponsor, Jeffry Crasta for making the Moonlight Masquerade even more delectable with the Maravanthe food coupons. Your support added a flavor of gratitude to our event. And last but not the least A sincere thanks you to Sheila Lushington for weaving her magic and transforming our event into a

visual masterpiece with her enchanting decorations. The ambiance created was beyond words, a true testament to Sheila’s artistic touch. Every corner adorned with elegance and mystique, your creativity added an extra layer of charm to our Moonlight Masquerade.

The “Moonlight Masquerade” was a night destined to be etched in our memories. It will forever stand as a testament to a night filled with mystery, elegance, and timeless memories.



Crystal Crasta
Youth Representative

Water Wellness

My journey into the world of swimming commenced at the Catholic Club (CC) when I was 65 years old. Until then, the prospect of swimming had been an uncharted territory for me, mainly due to a deep-seated fear of drowning. Learning to swim was a life skill that women of my generation in India rarely had the opportunity to acquire.

The turning point in my journey occurred when I experienced a slipped disc during my regular exercise routine. Following my treatment, I had to temporarily halt my exercises, which led to a decline in my flexibility, increased stiffness, and a sense of inertia. It was during this period that I received advice to consider swimming as a low-impact exercise. In 2005, with unwavering determination, I enrolled in Nisha Millet's classes at CC with the sole purpose of mastering this essential skill.

To my amazement, within just five days, I found myself at ease in the water and capable of following the exercise routines. This was made possible by the expertise and professionalism of the swim coaches, who approached their teaching with gentleness and professionalism. My achievement in this short time filled me with immense pride, and my love for swimming has remained steadfast ever since. Whenever the opportunity arises, I eagerly pack my swimwear and dive into the welcoming embrace of the pool.

Recently, I was thrilled to learn that the current committee introduced a range of sporting activities, including Aqua Gym, Pilates, and Zumba. I eagerly participated in demo classes for all three activities and thoroughly enjoyed each one. While my heart desired to join all three classes, considering my age of 75, I decided to enroll in Aqua Gym. This class integrates elements of Aqua Zumba, Aqua Aerobics, and Aqua Yoga, offering numerous health benefits.

Water aerobics, in particular, is exceptionally advantageous for seniors, as it bolsters heart and lung health, boosts energy levels, aids in weight management, and imparts a sense of youthfulness and vitality. It also promotes restful sleep, making it an exceptional way to preserve one's well-being.

Incorporating water yoga into my regular exercise routine has proven to be remarkably beneficial, as it enhances muscle strength and tone, improves range of motion, increases endurance, fortifies the immune system, and even enhances cardiovascular function. The resistance exercises conducted in the water engage opposing muscle groups, challenging me with every push and pull.

Madam Uma stands out as an excellent instructor, and the accompanying music during workouts, coupled with the camaraderie of friends, makes the experience thoroughly enjoyable and inclusive. Spending an hour in the pool is not only a source of joy but also a treasure trove of health benefits. I extend my heartfelt appreciation to Rohan, Maya, and all the current committee members of CC for providing this wonderful opportunity.

Theresa Chinnappa



CATHOLIC CLUB

Aqua Aerobics

By UMA

Weekend Batch (Sat/Sun) - 7.30 AM to 8.30AM
Register in B Block Reception



REGISTRATION FEE:
MEMBERS - Rs. 2,200 /- + GST
NON-MEMBERS - Rs. 3,500 /- + GST
(PAY FOR 3 MONTHS & AVAIL A 20% DISCOUNT)

Just bored of your regular exercise routines. It is a fun-filled water-based Zumba fitness workout/party in the pool.



**SAT
16
DEC
7.30PM**

CATHOLIC CLUB PRESENTS

CAROLS BY CANDLE LIGHT

Carlton Braganza & The Sly Guys

Carlton Braganza - vocals
Sylvester Pradeep - Guitar/ vocals
Joel Rozario - drums and vocals
Ashish Borde - Bass
Pradyun Manoj - keys



TICKETS (INCLUSIVE OF DINNER) ADV RATE

MEMBER / PARENT Rs. 400

CHILD 5-12 YEARS - Rs. 200

DEPENDENT (12-18 YEARS) Rs. 200

SR. DEPENDENT (18 - 24) Rs. 200

GUEST (5-12 YEARS) Rs. 499

GUEST (SINGLE) Rs. 1000

TABLE - Rs 200 (2 TABLES PER MEMBER)

PLS NOTE: Advance Sale of Tickets end on 15th December 2023. Tickets sold at the gate will be the same rate as above but will not include dinner

RIGHTS OF ADMISSION RESERVED / STANDARD CLUB RULES APPLY



**SUN
24
DEC
8.00PM**



**A26 FROM GOA
CAKE & WINE
THE CHRISTMAS EVE PARTY
with DJ Chico**



TICKETS	ADV RATE	GATE RATE
MEMBER / PARENT	Rs. 400	Rs. 400
CHILD 5-12 YEARS -	Rs. 200	Rs. 200
DEPENDENT (12-18 YEARS)	Rs. 200	Rs. 200
SR. DEPENDENT (18 - 24)	Rs. 200	Rs. 200
GUEST (5-12 YEARS)	Rs. 499	Rs. 1000
GUEST SINGLE LADY	Rs. 2500	Rs. 5000
GUEST GENT + MEMBER LADY	Rs. 3600	Rs. 7200
GUEST (COUPLE)	Rs. 6000	Rs. 12000
TABLE - RS 200 (2 TABLES PER MEMBER)		
DRESS CODE - STRICTLY FORMAL (MEN - SUIT WITH TIE)		



RIGHTS OF ADMISSION RESERVED
STANDARD CLUB RULES APPLY



FRI
29
DEC
8.00PM

THE YULETIDE BALL



RAAGAS2RICHES

TICKETS	ADV RATE	GATE RATE
MEMBER / PARENT	Rs. 300	Rs. 300
CHILD (5-12 YEARS)- DEPENDENT (12-18 YEARS)	Rs. 150	Rs. 150
SR. DEPENDENT (18 - 24)	Rs. 150	Rs. 150
GUEST (5-12 YEARS)	Rs. 300	Rs. 499
GUEST SINGLE LADY	Rs. 499	Rs. 1000
GUEST GENT + MEMBER LADY	Rs. 1200	Rs. 2400
GUEST (COUPLE)	Rs. 1800	Rs. 3600
TABLE - RS 200 (2 TABLES PER MEMBER)		
DRESS CODE - STRICTLY FORMAL (MEN - SUIT WITH TIE)		



RIGHTS OF ADMISSION RESERVED / STANDARD CLUB RULES APPLY



**SUN
31
DEC
8.00PM**

NEW YEAR PARTY

**LIVE PERFORMANCE
BY FROM GOA**



TICKETS	ADV RATE	GATE RATE
MEMBER / PARENT	Rs. 400	Rs. 400
CHILD (5-12 YEARS)	Rs. 200	Rs. 200
DEPENDENT (12-18 YEARS)	Rs. 200	Rs. 200
SR. DEPENDENT (18 - 24)	Rs. 200	Rs. 200
GUEST (5-12 YEARS)	Rs. 400	Rs. 800
GUEST SINGLE LADY	Rs. 2500	Rs. 5000*
GUEST GENT + MEMBER LADY	Rs. 3600	Rs. 7200
GUEST COUPLE	Rs. 6000	Rs. 12000

TABLE - Rs 200 (2 TABLES PER MEMBER)

DRESS CODE - STRICTLY FORMAL

CC CHRISTMAS CALENDAR 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Faith Programme 7.00 PM	2 Christmas 13 Cards Rummy Knock Out Tournament 10:30 AM Bar Nite - Band Four Play 8.00 PM	3 Orphans Day 10.00 AM Mini Bumper Housie 7.00 PM
4	5	6	7 Elders Evening 6.30pm	8 Bar Nite - Band Val & Leo 8.00pm	9 Mistletoe - CC & KCA Band 24K from Goa 8.00 pm	10 Christmas Bazaar Band Sudhakar (Morning) Mahima (Evening) 11.00 Am Christmas 21 Cards Rummy Knock Out Tournament 3:00 PM
11 Christmas Bazaar Band: Blue Knights 6.00 pm	12 Christmas Bazaar Band: 420 6.00 pm	13 Christmas Bazaar 6.00 pm	14 Christmas Bazaar Band: Tumbleweed 6.00 pm	15 Christmas Bazaar Band: Peter & Athmika 6.00 pm Childrens X Mas Tree 4.00 PM	16 Carols By Candle Light Carlton Braganza & The Sly Guys 7.30 pm	17 Mini Bumper Housie 7.00 pm
18 Whist Drive 6.00 pm	19 Bridge 6.00 pm	20 Booze & Brains By Mark Rego 7.00 PM	21	22 Jingle & Jive - Youth Programme with Tidal Wave 8.00 pm	23 Whats the Good Word 7.00 Pm Retro night with DJ Bobby 8.00 pm	24 Cake & Wine - Band A26 8.00 PM
25 Christmas Bumper Housie-2 Lakh 7.00 pm	26	27	28	29 Yuletide Ball - Band Raaga2Riches 8.00 Pm	30	31 New Year Party - Band UZO 8.00 PM