

ONAM

Kerala's Celebration of Culture and Unity Reshma Lobo

India, known for its diverse and vibrant festivals, proudly hosts a multitude of celebrations that span its rich tapestry of cultures. Among these, the Onam festival stands as a shining example of Kerala's unique heritage, communal spirit, and artistic expression. Rooted in ancient legends and traditions, Onam is not merely a festival; it is a grand celebration that unites the people of Kerala in a colorful display of customs, feasts, and festivities.

The Essence of Onam: A Harvest Homecoming

Onam is celebrated with unmatched fervor during the Malayalam month of Chingam, which falls roughly between August and September. This ten-day extravaganza commemorates the legendary King Mahabali's annual visit to his subjects.

With the many features that are distinct to Onam, the following represent the Onam celebration in every sense. And of course our Club is a culmination of all these traditions bringing together not just one community but one and all to partake in the celebration.

The traditional Pookalam adorning the floors of our Club symbolizes a harmonious blend of human creativity and the beauty of nature, fostering a sense of unity and community involvement.

Our members all attired in the vibrant attires like the elegant Kasavu saree, the white flowers adorning hair and the men not to be outdone resplendent in the Mundu and the Neriyathu.

Even our F&B comes together cooking up a storm with the traditional dishes in the

Onam Sadhya making all the members go back truly sated with the tangy Pulissery to the savory Avial, the crispy Banana chips to the luscious Payasam.

The festival of Onam transcends religious and social boundaries,

uniting people from all walks of life in a collective celebration of culture and unity. At the Club, this will be celebrated in all its essence on the 3rd of September.

Onashamsakal!!

ST. MARY'S FEAST

Lunita Pais D'Sa

Among the many festivals that grace its calendar, St. Mary's Feast holds a special place at our Club as a symbol of religious fervour, cultural heritage, and communal unity.

St. Mary's Feast, also referred to as "Monti Festh" coincides with the harvest season and celebrates the agrarian traditions of Mangalore. Families come together to offer the first harvest to the Blessed Virgin Mary, expressing gratitude and seeking her blessings.

St. Mary's Feast is not only about celebrations and grandeur; it is also a time for acts of compassion and philanthropy. Many communities engage in charitable activities during the festival, extending help to the underprivileged and marginalised. This spirit of giving underscores the festival's message of love, unity, and service.

St. Mary's Feast is not just a religious event; it's a celebration of faith, tradition, and the indomitable spirit of unity. Keeping with these themes, Catholic Club

endeavours to unite in its many diversities and celebrate this harvest season.

This feast is another

one of
Catholic
Club's
many
ways to find ways
to bring together
our varied
members' cultures,

festivals and make it a unified celebration of togetherness.



President's note

My Dear Fellow Members,

On behalf of the Manging Committee, I would like to say a big Thank You for your active participation in all activities at our Club. This motivates all of us in the MC endlessly and gives us immense joy to go the Extra Mile and make your experiences at our Club better by the day. I look forward to more of our Members coming forward to take active part in all the Club activities.

I am pleased to inform all the Members that at the Membership Interview Meeting held on 9 Aug 2023, for the New Members, the CC ID cum Smart Card was issued soon after the Interview and Approval of the Candidate for the Membership. I think this is a record of sorts among all Clubs, in that, the newly minted CC Member gets his/her CC ID cum Smart Card soon after the approval. Thanks to the excellent co-operation of the CC Staff, our Club is perhaps the only Club in India to have achieved this feat - Get your Membership and ID cum Smart Card on the same day and that too soon after the Membership Interview and Approval. The new members were also given a welcome kit consisting of a copy of the MOA (Memorandum of Association) & Rules and the Bye-Laws, neatly bound as one Booklet. The first beneficiary of the Welcome Kit was a Lady who has taken Membership of our Club in her 90th year.



Fast forward to 15 August and to celebrate a trinity of meaningful occasions — Independence Day, the Assumption of Our Blessed Lady, Mother of Jesus, and the Family Day of our Club. The participation here was just wow! A26 from Goa entertained close to 1,800 Members and their guests and the event attendees were hooting for more. We took the opportunity to honour 2 of our Members, Dr. Pretesh Kiran and Dr. Bobby Joseph, who have done yeoman service at the orphanages in the Health and Hygiene realm through the CCOT (Catholic Club Orphan's Trust). The Managing Committee sincerely thanks them for their tireless service. The club was painstakingly decked up in the colours of our National Flag, headed by our MIC

for Special Events with support from the sub-committee, staff and other MIC's.

As I am drafting this address, we are just done with Fiesta Mexicana, a Mexican Food Festival held on 27 Aug 2023. There were close 500+ members and guests who are definitely lovers of Mexican food. Again, it was thanks to the MIC for Special Events with support from the sub-committee, staff and other MIC's that the Club looked so colourful for the Fiesta Mexicana. This is the second Special food event that we had in this Committee-Year and many more will follow, the next one being the yummy Onam Sadhya on 3rd Sep 2023. I look forward to see all of you for this event. Please book your Sadhya well in advance.

The Youth Committee will be having its event, The Royal Soiree, on 9 Sep. If the Malayalees have their Onam Sadhya can the Goans be far behind? Not at all and so there's Goan Food at Think Goa, Live Goa, a Noon-to-Moon event on 10 Sep. The Ladies are going to the race course with their event – The Derby, or maybe I must say that they are going to Bring the Race Course to the CC Ballroom. Aren't our band of Ladies in the Ladies Committee innovative? Come in your "Going to the Races" attire and have fun all you Ladies of CC. The month will end with the Mood Mangalorean event on 30 Sep. My dear fellow Members, the Managing Committee is making sure that almost all your culinary demands will be satiated this month.

I look forward to your participation in all the events of this month and to have feedback from each one of you in person on how we as a Committee can improve the goings on at CC.

Wishing all of you a very Blessed and Happy Harvest Festival of your community.

Melville D'Souza President

iKidz

Joeita Pelegrim - MIC

Catholic Club being a Family club, we had to do something to cater to a fun, entertaining and relaxing time, bringing families together; and what better way than to host the Family Movie Night at the Ballroom between 6:30-8:30pm on Saturday, 26th August.

Families that came in large numbers enjoyed the movie, relished the hot chocolate and marshmallows, and collaborated in answering puzzles and a quiz based on the movie that aired. No prizes for guessing the movie. The renowned musical - Mary Poppins

Returns, was a treat for the families. The organising committee were delighted to see the families have a great evening.

Looking forward to more such fun Family evenings at the Club.



FAITH

Celebration of The Assumption of Our Lady

Lunita Pais D'Sa - MIC

The vibrant Faith committee celebrated the feast of the Assumption of Our Lady on Saturday, August 19th with their usual flair. The Catholic Club ballroom was artistically done up with beautiful handmade decorations adorning each table by the talented subcommittee member, Vinita Thamboochetty.





The Assumption is a very special event because according to our faith, the Holy Mother "having completed the course of her early life, was assumed body and soul into heavenly glory." Fr. Joseph Abraham, CSSR, dwelt on the solemnity and special meaning of the Assumption. Mother Mary is an example for us all in our daily lives and serves as a mother figure for all mankind. To all the faithful, God promises eternal life. It is precisely this hope that illustrates the power of the Assumption.

The Salvation Choir with their talented members on multiple musical instruments kept the hall humming along to their choice of melodious hymns, which added to the solemnity and beauty of the evening.

The event closed with a vote of thanks and a distribution of mementos by the CC Club President Melville D'Souza to the celebrant and the choir. Each of the members present also received a beautifully wrapped blue candle courtesy Monica.

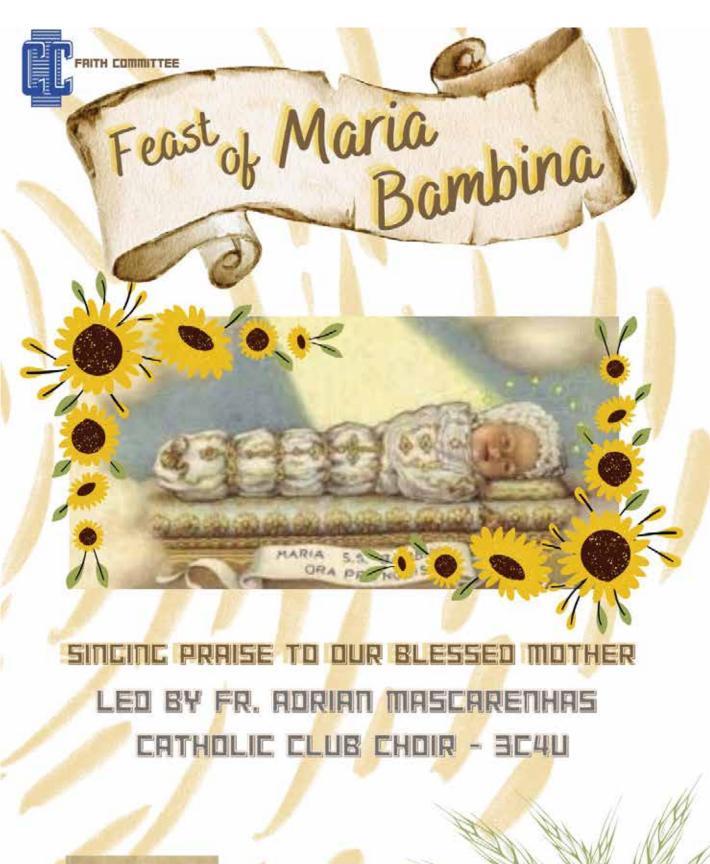
The evening ended with the crowd mingling and partaking of the delicious meal











9- SEP SAT 6:30 PM

HEALTH CLUB

Maya Bhashyam - MIC

Zumba classes taught with boatloads of enthusiasm and high energy by Anup CK are getting our members fitter by the day. He is an internationally certified zumba instructor, and we members (the girls and boys) are making the most of it, with smiles on our faces. There are two batches that are run twice a week on Mondays and Thursdays at 8.30AM and 6.30PM respectively, at the Raintree hall. Do sign in and enjoy the fun while getting leaner, fitter and toned in the process! And enjoy the camaraderie, all that happens only at our CC.

Yoga classes will soon commence, on Tuesdays and Fridays at 8.30AM. Our very own club member, Ennette D'Souza will lead the class - she's been an instructor for decades. For further details do contact the front desk.

HUMAN RESOURCES

Mark Lushington - MIC

Where would we all be without our human capital, who dedicate themselves to the smooth running of an organisation?

We at the Catholic Club, are equally dependent on our human resources and it is our earnest endeavour to better the lot of these personnel who have worked for the club and continue to do so diligently.

One of the major gaps that we had in our organisational structure was the absence of a Human Resource Manager for over 8 months and which was taking its toll on the other staff. One of the major tasks that I and my subcommittee took up was, to source a suitably qualified HR Manager for the club. A lot of search and effort went into the

announce that as of the 14th August 2023, we have been able to recruit Ms. Nikhita S, who comes with a Bachelor in Business Administration with a specialisation in HR. She has 8 years' experience and is keen to

expand her horizons by making a career with us.

Another addition to the Catholic Club family is Mr. Clifford White, who has joined us as a Duty

Manager. Clifford comes from a
Hospitality background and
will be responsible for
management of the floor on
shift.

As we move forward, I will be adding more information in the

Newsletter about the various developments that we are introducing to enhance the performance of our staff and keep them motivated throughout their time with us. Job Descriptions, Skills Development, Training, Reward and Recognition Programs (R&R), Job Rotation etc., are some of the areas under development that we will be implementing in phases.

We would also like all our members to be part of these Reward & Recognition (R&R) programs, by recognising and complimenting any member of staff who is doing a good job. While invariably the staff are subjects of complaints, it would do them a world of good to also receive appreciation when they do a good job.

So watch this space next month for more updates on our HR activities.

WHAT'S THE GOOD WORD

Gavin Cordeiro - MIC

With the revised format of 2 to a team, the participants took a while to adapt, but once they did, the competition became fierce!

Points kept being scored and the lead kept changing until the last 'make or break' round when the eventual winners emerged!

The next edition will be held on Friday 22nd September in the format you are used to -3 to a team.

See you all there!



YOGA CLASS

for Mind, Body & Soul

Come and experience the benefits of yoga with our experienced instructor! our Member Ennette D Souza

> Starting from 5th September 8am to 9am





Registration - Fee Member - Rs.1,500 Guest - Rs. 2,000



HOUSIE

Mark Lushington - MIC

If we thought July was a successful month for the Housie Department, then we didn't know what was in store for us in August.

Without a shadow of doubt, pride of place must go to the Super Duper Independence Day Bumper Housie of Rs.2 Lakh, which was a thumping success and attracted an attendance of 249 people to boot, who came well in time and could hardly wait for us to start selling tickets.

In addition to the sizeable cash prizes given out across the rounds, we had some great gifts, in the form of a Lunch/Dinner Voucher, courtesy Girish Ramanathan; 2 Holiday Stays, courtesy Allan Aranha; and exclusive crockery sets, courtesy Vyjayanthi Kanekal. Our sincere thanks to all of them who provide us their continuous support and for which we are obliged.

Thanks also to our President, Melville D'Souza and my other colleagues of the Managing Committee for their continued support and encouragement, who attended the event and distributed some of the prizes and gifts.

Adding additional 'flavour' to the evening, were the tasty Snack Boxes, provided to us by our very own SDC Caterers, who in addition to the order placed with them, had to stretch themselves to cater to the unexpected surge in the crowd and came up with the additional requirements. Thank you SDC!

Following this super success, we also had two rounds of Bingo on 'Family Day' and needless to say, this too was well patronised and kept the audience engrossed in winning the prizes on offer. Though we had a couple of "Bogie" calls which had everyone in splits, the games went off well and provided some fun and entertainment as well.

Our Housie events are definitely well received by the Members and Guests as well and we are always 'listening' to make changes and bring in more transparency to our operations.

While the mega events are definitely the show stoppers, we must not forget our regular Housie and Bingo events that are equally well patronised by our loyal Housie fraternity and keep coming back for more and more!

Our monthly Bingo Morning too, saw a good turnout of 135 people and was supported with food vouchers by Jeffrey Crasta, who never fails to offer his support. Thanks Jeffrey.

As we go to print, we will be having a Members Only Housie on the 27th and we are eagerly awaiting to meet and greet you all again.

Sincere thanks to my subcommittee, our dedicated caller 'Gabin Cordeiro' (pun intended and with his permission), all the support staff who make sure that every event goes off like clockwork and who work behind the scenes to give us all these great events.

Last but not least, thank you to all you beautiful people who turn up for all our events come hell or high water to make each and every event a success. May your tribe increase.









iBrowse

Joeita Pelegrim - MIC

The iBrowse event for the month of August was held on the 20th of August 2023 at the Ballroom. The Ballroom was inviting and decorated delicately with finesse and elegance, it was adorned with marigolds and gerberas in rich orange and yellow colours keeping in accent with the Indo-Western theme for the evening.

The author was the very entertaining Zac O Yeah, the Scandinavian - Swedish born author. Zac was humorous, delightful and kept the audience enthralled with his wit. The session was filled with interesting insights into Indian culture, Indian roots and India's culinary infinity. The audience also engaged in an interactive Q&A session which had everyone go back gleeful. All in all this turned out to be an amusing and memorable evening.











Billiards

Praveen Jerome - MIC

The Billiards Room hosted the most sort after Tournament in Bangalore, The 38th Capt. George Mathias Memorial Handicap Snooker Tournament 2023, in July. The tournament commenced on the 26th of July 2023 and ended with the Finals and Prize Distribution on the 11th of August 2023. This time we had a record entry of 40 teams who participated from 19 different Clubs from Karnataka. There was a total of 160 players who played the tournament, for the 1st time Catholic Club had 5 teams who played the tournament. Congratulations to the Winners – Bangalore City Institute (BCI)'A' Team and the Runners Up Malleshwaram Club 'A' Team.

The Managing Committee of Catholic Club and the Billiards Sub-Committee would like to thank the family of Late Capt. George Mathias for the continued support all these years and this year too. We would like to thank Mr. Peter Mathias son of Mr. George Mathias for coming and inaugurating the tournament and also witnessing the finals and giving away the prizes and trophies at the prize distribution ceremony.

We will be hosting many more tournaments in the coming months, both inter-club and intra-club. Look forward to see more Members come and participate in the tournaments.













YES, WE CAN!

The Trailblazer's Corner - Dr. Joseph Rasquinha

Believe and achieve. Lofty words. Not, however, for this 13 year old badminton player. In an enormously competitive field, Advik Meda has won a number of open badminton tournaments and is even the first ranked

player on the Catholic Club ladder. He was ranked in the Karnataka State under-13

badminton rankings and is set to move to greater heights.

Lao Tzu said "The journey of a thousand miles begins with a single step". For Advik and his parents, Maria Praveena and Sunil, that step starts at 4.30 every morning when he goes for practice, 8 AM when he goes to school, and ends the day with a couple of hours of training in the evening. What is most commendable, however, is that with all this training, he is able to achieve a first-class academic performance in school in a day and age where students sacrifice studies for sports.

The greatest success factor for Advik is not his enormous talent, dedication, or effort. It is his mindset. He is calm and a true sportsman. In a time where players attempt to discombobulate the opposition to gain advantages, Advik just gets on with it. In particular, I like his unassuming Instagram handle, which says "Advik on the move". Well, Advik, all of us in Catholic Club Badminton, Sportico, and in general are rooting for you to achieve greater heights and be a role model for the youth of Catholic Club.

YOUTH GAME NITE

Crystal Crasta - MIC

Bringing back childhood memories and fostering a sense of camaraderie, the "Rolling Fun: Ludo Extravaganza" event took place at Thomas deck on 24th August. With a blend of friendly competition, strategic thinking, and a touch of nostalgia, the event aimed to provide an enjoyable experience for participants of all ages.

Players competed in navigating the Ludo board with iconic dice rolls and strategizing to move their tokens towards victory. The competitive spirit was palpable as players faced off to be crowned the ultimate Ludo champion. To keep things interesting, the event introduced variations of the classic Ludo game - from teams of four, to a team of five players; explored new dynamics and tactics, enhancing their gameplay experience.

Prizes were given to our winners - Ishetha Vishvanath, Keshavi Mellam, and Sarah J.

The event left attendees eagerly looking forward to more fun Thursdays with the youth, which we plan to have twice a month. Watch the youth group space for more news!







As the Youth Committee continues to carve its path of innovation and engagement, we eagerly await the upcoming "Royal Soiree" and the promising events that will follow.



Catholic Club Youth Committee Presents



ENTER THE THRILLING WORLD OF A DANCE CASINO AND LET THE MUSIC MOVE YOU ALL NIGHT LONG.

Live Music By Fernandes Duo followed by DJ Neil Hoskins Fun Games, Exciting Prizes & Lots More!!!!



9th September, 2023 @ 8 PM onwards Dresscode Smart Casuals in Red/Black colours



Dependent Rs. 150
Sr. Dependent & Member Rs. 300
*Guest Rs. 600
*Lady Member + Guest Gent Rs. 800
*Guest Couple Rs. 1000
*Inclusive of Tax

Tickets are available now and can be purchased online



The Karnataka Goan Association and

The Catholic Club present



THINK GOALIVE GOA





All The way from Goa!



10th SEPTEMBER

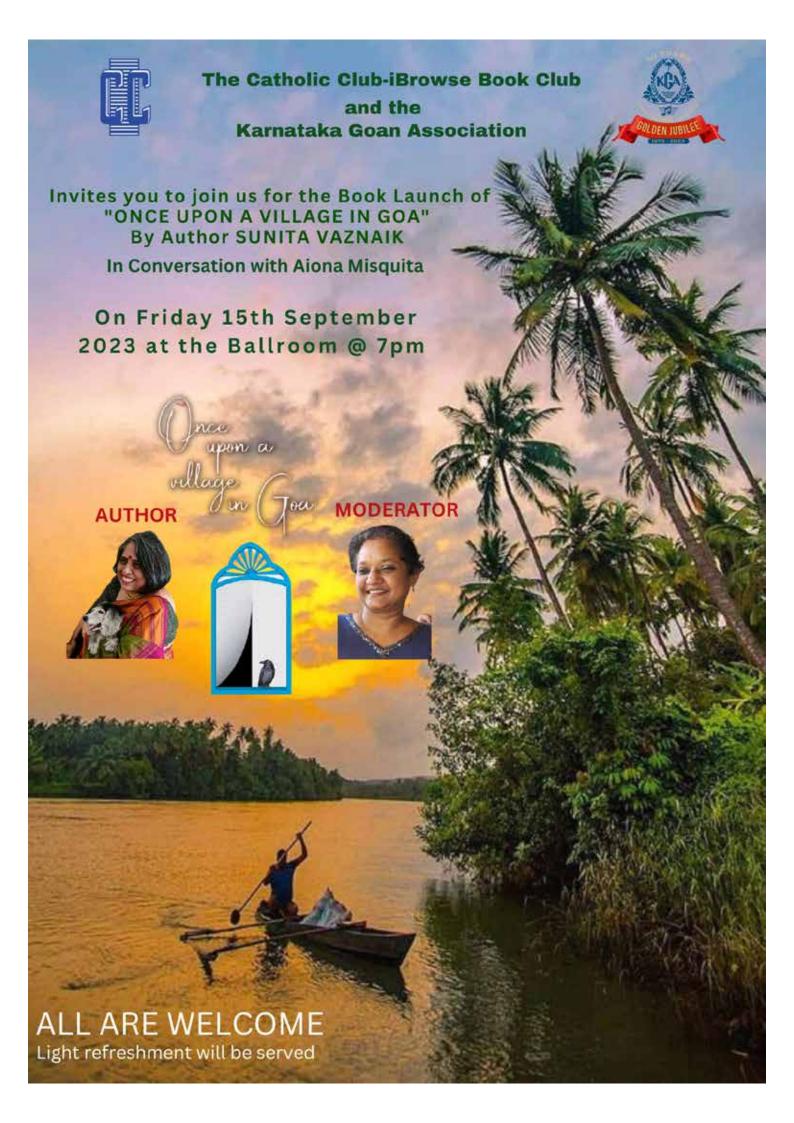
NOON TO MOON 12.30PM ONWARDS

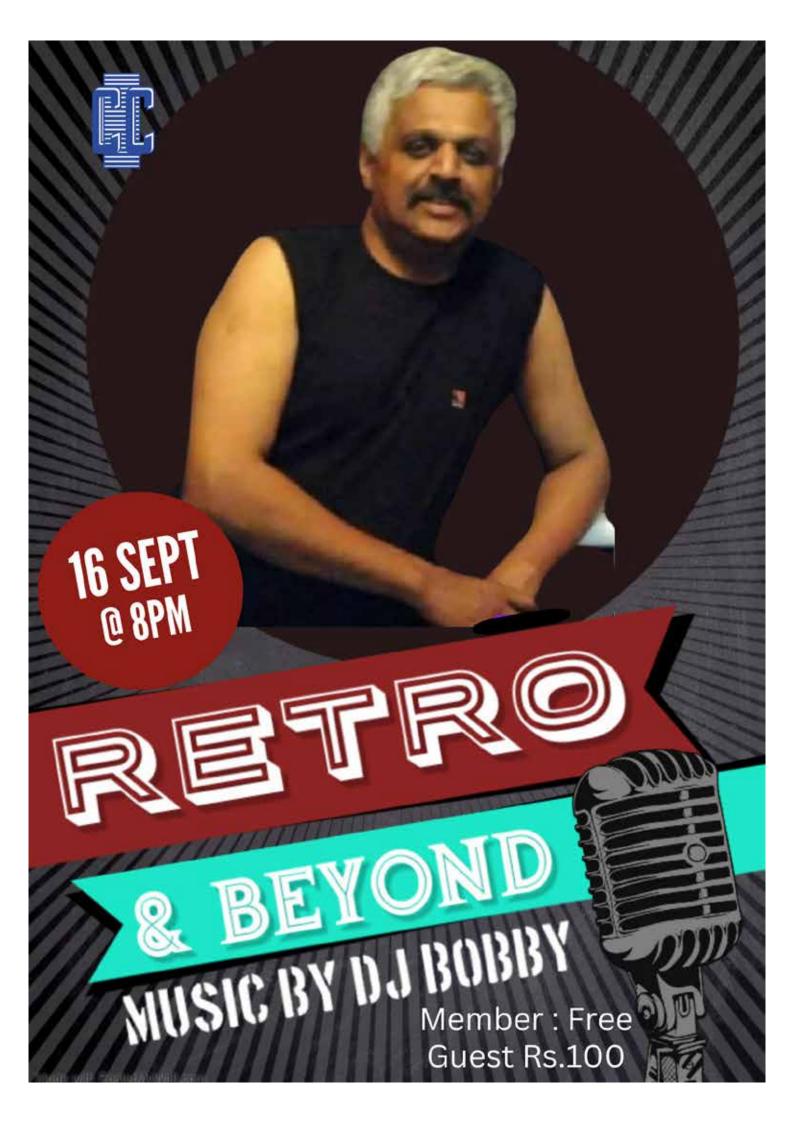
Tickets Rates:

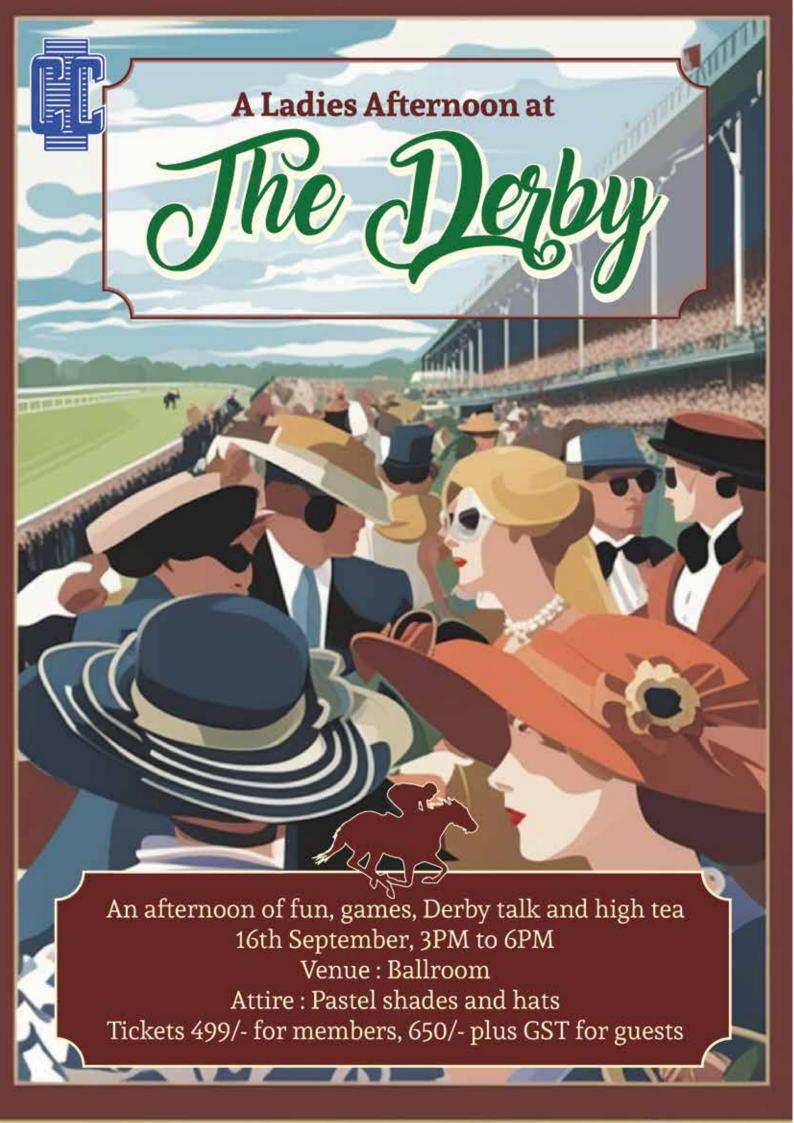
Member: Rs. 300/-

Child(below) 12yrs: Rs.150/-

Guest: Rs. 850/-Table: Rs. 200/-







CATERING/BANQUET

PRAVEEN JEROME - MIC

A lot has been done to improve the quality of food served and the F & B Service at the club from June onwards.

The American Food Festival conducted at the club on 16th July seen a huge turnout where our members enjoyed the All American themed menu of Pork and Beef Burgers and Fries, BBQ Wings, Hot Dogs etc.. served by our in-house restaurants PlanB & Mustard Café, as well as Jingo Burgers. We also did our own American themed decor which complimented the event.

Family Day on 15th August also served an array of Mangalorean and Naati Style Cuisines with a live dessert counter as well.

Fiesta Mexicana a Mexican food festival held on the 27th of August brought food lovers a wide choice of Mexican delicacies, beyond the Tacos, Nachos, Mexican Rice Bowl, Chicken & Beef Quesadillas, Chicken/Beef/Pork Burritos. We had a good turnout and people dressed the Mexican style and enjoyed the music with the yummy food. Mexican themed décor was done by our inhouse team the 'PINATA' being the centre of attraction. This event gave all who came something to TAC'O ABOUT.





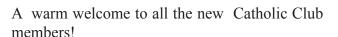


We will also be celebrating ONAM on Sunday, 3rd of September with Onam Sadhya (Lunch) with a wide spread of traditional Kerala vegetarian / non-vegetarian delicacies served on banana leaves. There will be a traditional style Chenda Melam performance along with traditional Kerala floral décor to add to the theme. For all of you who missed out last year, please get your tickets well in advance and enjoy the mouth-watering cuisine from 'GOD'S OWN COUNTRY'.

Great things are planned for the months ahead and we look forward to your wholehearted support and suggestions. There will be one themed food festival every month to give all our Members and their Guests a taste of Global Cuisines.

Cheers!!!

NEW MEMBERS - JULY



Approved at the Membership Interview Meeting held on 09th August 2023

New Senior Citizen Members

- 1. Mrs. Pamela Ann Pereira
- 2. Mr. Patrick Fernandes
- 3. Mrs. Mary Magdalene Reay

Life Members

- 4. Mr. Sean Kevin Mendens
- 5. Mr. Sandeep Naresh Ohri
- 6. Mr. Neil Benedict Devaney
- 7. Ms. Priva Sridhar
- 8. Dr. Matthew Thazhuthaveetil Jacob
- 9 Mr Jerome Santosh
- 10. Mrs. Shine Benaven
- 11. Mr. Sony Anthony Chemmanore
- 12. Dr. Julius Anthony Vaz
- 13. Mr. Abi Roni Mattom
- 14. Mr. Vishnu Francis Jerome
- 15. Mr. Christopher Vinod
- 16. Ms. Michelle Washington

Ordinary Members

- 17. Mr. Atul Paul Chiramel
- 18. Mrs. Vanda Shirley Ferrao
- 19. Mr. Reuben Gerard Dmello
- 20. Mrs. Tanya Lewis
- 21. Dr. Thomas Joseph Kishen
- 22. Mr. Dani Johnson Fernandes

Temporary Members

- 23. Mrs. Beata Joseph
- 24. Mrs. Alisha Marian Fernandes Prabhu

















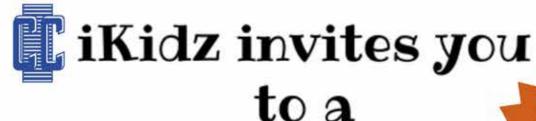












"Slice of fun per child

Entry Rs. 500 per child

Enjoy learning about the ingredients that go into making pizza

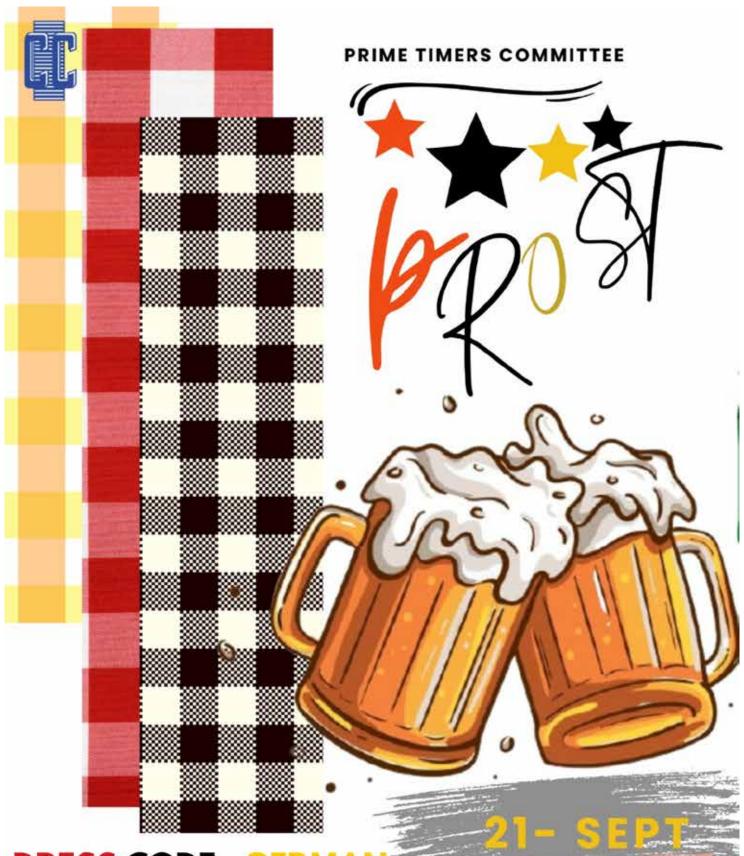
Saturday 16th September 2023 11:30 AM to 1:30PM @ Ballroom hall



Make your own pizza for lunch!!!!
Come Make, Bake and Eat!!!!

Age Group: 6 to 14





DRESS CODE: GERMAN

TICKETS:
MEMBER RS. 350
GUEST RS. 600

THURS

6:30 PM



MANGALOREAN



DANCE TO THE MUSIC WITH ROUTE 96 & DJ ROLY
LIP SMACKING MANGALOREAN CUISINE

SATURDAY | SEPTEMBER 30TH | 6 PM

CATHOLIC CLUB

MEMBERS: 350/- GUESTS: 999/-

CHILDREN BELOW 12 : 150/-TABLE WITH 4 CHAIRS : 200/-

CC EVENTS SEPTEMBER 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				BAR NITE WITH TUMBLEWEED 8.00 PM	ASIA CUP - INDIA VS PAKISTAN- LIVE ON BIG LED SCREEN 3.00PM	3 ONAM SADHYA 12 NOON BUMPER HOUSIE, RS.1 LAK 7.00 PM
4 INDIA VS NEPAL LIVE BIG LED SCREEN 2.00 PM WHIST DRIVE 6.00 PM	5 BRIDGE 12:00 AM	6	7	8 BAR NITE 8.00 PM	9 FAITH - FEAST OF MARIA BAMBINA 6.30PM THE ROYAL SOIREE 8.30PM	THINK GOA LIVE GOA - NOON TO MOON 12 NOON
WHIST DRIVE 6.00 PM	BRIDGE 6.00 PM	KARAOKE NITE - BRANDON 8.00PM	14	IBROWSE - SUNITA VAZNAIK 7.00PM DUMB CHARADES, BAR NITE 8.00 PM	IKIDZ PIZZA MAKING 11:30 AM LADIES HIGH TEA 3.00 PM RETRO NITE BY DJ BOBBY 8.00 PM	BINGO HOUSIE 11.00AM SUNDAY BRUNCH 12.30PM
18 WHIST DRIVE 6.00PM	BRIDGE 6.00 PM	20	21 ELDERS EVENING 6.30PM	WHAT'S THE GOOD WORD 7.00 PM BAR NITE 8.00PM	MUSICAL EVENING NEVILLE & PRANAN 8.00PM SUNDAY BRUNCH 12.30PM	24 REGULAR HOUSIE 7.00PM
25 WHIST DRIVE 6.00PM	26 BRIDGE 6.00 PM	27	28	BAR NITE 8.00 PM	MOOD MANGALOREAN 6.00PM	

Catholic Club
22, Museum Rd, Shanthala
Nagar, Ashok Nagar,
Bengaluru, Karnataka
560025

MAIN CATHOLIC CLUB: **080 49023333**

DEPARTMENT
EXTENTION NUMBER
Secretary - 244
Membership - 225
Reception Main - 226
Health Club - 406
Swimming Pool - 242
Library - 241
IT - 229
Card Room - 234
Billiards - 404

CHAMBERS DIRECT - 9035173831
Please contact for chambers and room bookings.